



Lighthouse
HEALTH GROUP

presents

Small Group
Holiday Programs
for Children

Commencing 11 July 2022

Programs developed by experienced Occupational
Therapists tailored to your child's needs in a fun &
safe indoor/outdoor setting at the Kite Centre

For information call Lighthouse Health Group: 9439 3480
or contact us via website lighthousehealthgroup.com



focus ninjas are ready to learn

● Attention Focus Group



The **Attention Focus** program is for kids to help them learn a range of skills to help them bridge any gaps at school. The group provides a fun environment that uses social stories, interactive games, small group projects and role play to help young children further develop important skills like:

- Fine motor skills and handwriting
- Coping with teamwork
- Developing problem solving skills
- Impulse control and waiting for their turn
- Coping with mistakes and transitions
- Attending and staying on tasks
- Identifying problems, finding flexible solutions
- Developing a positive and growth mindset
- Self-regulation strategies
- Developing positive behaviours
- Building resilience
- Developing perspective taking
- Recognising their personal strengths

The Attention Focus Group is run over three sessions ...

Monday 11, Wednesday 13 & Friday 15 July 2022 from 1.30pm - 3.30pm

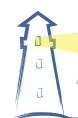
Group numbers are limited.



For more information call

Lighthouse Health Group on 9439 3480 or Kite Centre 9056 1919

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