



**Lighthouse**  
HEALTH GROUP

presents

**Small Group**  
**Holiday Programs**  
**for Children**

**Commencing 11 July 2022**

**Programs developed by experienced Occupational Therapists tailored to your child's needs in a fun & safe indoor/outdoor setting at the Kite Centre**

**For information call Lighthouse Health Group: 9439 3480  
or contact us via website [lighthousehealthgroup.com](http://lighthousehealthgroup.com)**



# super stars have fun & friendship

## ● Social Skills Group



The **Social Skills** program is for kids to help them develop a range of social and self-regulation skills. The group provides a fun environment that uses stories, interactive games and role play to help young children successfully participate in social interactions with peers in a fun and supported way.

They will learn important skills like:

- Greeting others
- Taking turns and sharing
- Understanding rules and following instructions
- Impulse control and waiting
- Winning and losing
- Coping with teamwork
- Coping with transitions
- Making friends and joining groups
- Maintaining reciprocal conversations
- Social problem solving
- Flexible thinking
- Recognising and understanding their emotions
- Building Self-regulation skills
- Developing positive behaviours and resilience
- Developing perspective taking skills
- Attending and staying on task
- Recognising their personal strengths



Our Social Skills Group is run over three sessions ...

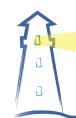
Monday 11, Wednesday 13 & Friday 15 July 2022 from 10am - 12pm

Group numbers are limited.

For more information call

Lighthouse Health Group on 9439 3480 or Kite Centre 9056 1919

[lighthousehealthgroup.com](http://lighthousehealthgroup.com)



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